UFCW Local #1189 and St. Paul Food Employers Defined Contribution Plan 3001 Metro Drive - Suite 500 Bloomington, MN 55425

Phone: (952) 854-0795 Toll Free: (800) 535-6373



Beneficiary Designation

Instructions: This fo	orm requires completion if you a	re a new partic	pant or would like	to chan	ge your beneficiary	designation.		
Participant Info	ormation							
Name								
Phone Number	& Email							
Date of Birth & Social Security Number								
Address								
Complete this s	section ONLY if you are r	ot married.	If you are mar	rried, r	proceed to the	next section.		
I certify	that I am not married at t my sole named primary	his time. Tu	nderstand that	if I sho	uld marry at a l	ater date, my s	spouse will auton	natically
Participant's Signature & Date								
Print Participant's Name								
Beneficiary Info	ormation							
	nere if this is a change fror ntingent beneficiaries and					r designations	of primary benef	ficiaries
	Name		Address		Relationship	Date of Birth	Social Security #	Benefit %
Primary:								
Primary:								
Contingent:								
Contingent:								
•If more tha	an one beneficiary is na	med, the s	urviving benef	ficiarie	s shall share e	equally unless	otherwise state	ed above.
above, if he	es will pay all sums payal e or she survives you, and beneficiary survives you,	d if no prima	ary beneficiary	surviv	es you, then to	the continge	nt beneficiary (ie	es), and if
• You should	complete a new Beneficia	ary Designat	ion Form if you	r marit	al status chang	es.		

Spousal Consent

If you are married and DO NOT name your spouse as the sole primary beneficiary, your spouse **MUST** sign the consent on the following page. The signature must be witnessed by a Plan Representative or Notary Public.

Spousal Consent: I, the undersigned sp above and fully understand the propert beneficial interest, provided I survive my and accept the beneficiary designation, benefits that would have otherwise been the designation. If my spouse changes the	y subject to the design spouse. Being fully sa without regard to whet n payable to me if my s	nation is my sp stisfied with the her I survive or pouse dies. Th	oouse's benefit under e provisions of the de predecease my spou	the Plan, in whicesignation, I herebuse, and waive all c	h I possess a by consent to claims to said						
(a) I understand I must file a similar consent to the new beneficiary designation, or my consent is no longer effective.											
(b) I waive my right to withhouse to limit my consent to t					ight						
Spouse's Signature & Date											
To be completed by (1) Notary or (2) P	an Representative										
State of:											
County of:											
On this of		,	, before me came								
(Day of week)	(Month/Day)	(Year)		(Spouse	·)						
(Seal) 1. The Spouse appeared before me and s OR	igned the consent on	(Date)	(Notary F	Public)	(Sign						
					Date)						
2. The Spouse appeared before me and s	igned the consent on	(Date)	(Plan Renres	(Plan Representative)							
		(Dute)	(Hall Meples	emative	(Sign Date)						
Participant Signature											
This instrument shall become effective consent of my spouse, and is subject to a					ecessary, the						
This designation revokes all prior design Beneficiary Designation Form is true, cur		Plan. I certify	by my signature tha	t all of the inform	ation on this						
Participant's Signature (required)											
Date											