Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services | Plan Type: PPO Coverage Period: 01/01/2018 - 12/31/2018 Northern Minnesota-Wisconsin Area Retail Food Health and Welfare Fund: Plan B Coverage for: Class A Single and Family (Active Employee & Dependents)

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-570-1012. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copay</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>https://www.healthcare.gov/sbc-glossary</u> or call 1-800-570-1012 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	<u>In-Network and Out-of-Network</u> <u>Provider</u> : \$500 Individual / \$1,000 Family.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on this <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. Unless otherwise specified, the following do not count toward <u>deductible</u> : <u>emergency room</u> <u>deductible</u> ; physician office visits; mental health professional office visits; well child care; immunizations; and certain routine screenings.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copay</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive</u> <u>services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits</u> .
Are there other <u>deductibles</u> for specific services?	Yes. \$100 <u>emergency room</u> <u>deductible</u> per sickness visit. \$50 Individual / \$100 Family for <u>Preferred Provider</u> Pharmacy <u>Prescription Drug Benefits</u> . There are no other specific <u>deductibles</u> .	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ? (<u>In- and Out-of-Network</u> limits do not cross accumulate)	Medical: <u>In-Network and Out-of-Network Provider</u> : \$4,600 Individual / \$9,200 Family. PPRx: \$2,000 Individual / \$4,000 Family.	The <u>out-of-pocket limit</u> ("OOP") is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	<u>Premiums, balance billing</u> <u>charges,</u> and health care this <u>plan</u> does not cover.	Even though you pay these expenses, they don't count toward the out-of-pocket-limit.

Important Questions	Answers	Why This Matters:
Will you pay less if you use a <u>network provider</u> ?	Yes. For a list of <u>network</u> <u>providers</u> , visit: <u>www.bluecrossmn.com</u> or call the Fund Office at 1-800-570-1012.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance</u> <u>billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a referral.

All copay and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common		What Yo	u Will Pay	Limitations, Exceptions*,
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	& Other Important Information ¹
	Primary care visit to treat an injury or illness, including mental/behavioral health Doctor On Demand and Retail Clinic visits	\$35 <u>copay</u> /visit	\$35 <u>copay</u> /visit	None
		\$10 <u>copay</u> /visit	\$10 <u>copay</u> /visit	None
If you visit a health care	<u>Specialist</u> visit	\$35 <u>copay</u> / visit	\$35 <u>copay</u> / visit	Chiropractic visits limited to 16/year. In-Network and Out-of-Network: 20% coinsurance.
<u>provider's</u> office or clinic	Preventive care/screening/ immunization	No charge	\$35 <u>copay</u> / visit for routine exams; well child care no <u>deductible</u> , \$35 <u>copay</u> , then 20% <u>coinsurance</u> ; routine immunizations no charge; diagnostic x-ray and lab subject to <u>deductible</u> , 20% <u>coinsurance</u> .	<u>In-Network</u> benefit allowed only for services mandated under the PPACA and described preventive health services by the federal government. If the <u>Plan</u> does not have an <u>In- Network Provider</u> who can provide a particular covered preventive service, then it will cover the item or service without <u>cost sharing</u> when performed by an <u>Out-of-Network Provider</u> acting within the scope of his/her license or certification.

¹ Only the major limitations and exclusions are listed; there may be others. Expenses that are not Medically Necessary are not covered. Maximum limits on the dollar value of benefits do not apply to any item or service that is an Essential Health Benefit. See the SPD or call the Plan Administrator at 1-800-570-1012 for more information. [*For more information about limitations and exceptions, request a copy of the plan or policy document by calling 1-800-570-1012.]

Common	Services You May Need	What You Will Pay		Limitations, Exceptions*,
Medical Event		Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	& Other Important Information ¹
lf very here a test	Diagnostic test (x-ray, blood work)	20% <u>coinsurance</u>	20% coinsurance	None
If you have a test	Imaging (CT/PET scans, MRIs)	20% coinsurance	20% coinsurance	None
	Generic drugs	10% <u>coinsurance</u> , with a minimum <u>copay</u> of \$15 per prescription (retail and mail service)		
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.envisionrx.com or by calling 1-800-361-4542.	Preferred brand name drugs	Retail: 20% <u>coinsurance</u> , to a maximum <u>copay</u> of \$75 per prescription. Mail: 20% <u>coinsurance</u> , with a minimum/maximum <u>copay</u> of \$25/\$150 per prescription.	Not covered	<u>In-Network</u> retail: Covers up to a 90-day supply of generic drugs and up to a 30-day supply for brand
	Non-Preferred brand name drugs	Retail: 20% <u>coinsurance</u> , with a minimum/maximum <u>copay</u> of \$35/\$150 per prescription. Mail: 20% <u>coinsurance</u> , with a minimum/maximum <u>copay</u> of \$70/\$300 per prescription.		name drugs; <u>In-Network</u> mail: 90-day supply for both generic and brand name drugs.

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Common		What Yo	u Will Pay	Limitations, Exceptions*,	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	& Other Important Information ¹	
If you need drugs to treat your illness or condition (continued)	OTC aspirin, smoking cessation products including OTC nicotine replacement therapy and federal legend drugs, federal legend fluoride, OTC iron supplements, and OTC folic acid upon a physician's written prescription; and generic contraceptive products for women available by prescription only	No charge for generic and single source brand name drugs (retail and mail)	Not covered	PPRx <u>deductible</u> does not apply.	
More information about prescription drug coverage is available at www.envisionrx.com or by calling 1-800-361-4542.	Specialty Pharmacy Preferred generic and brand Non-Preferred generic and brand	20% <u>coinsurance</u> , with a maximum <u>copay</u> of \$100 20% <u>coinsurance</u> , with a maximum <u>copay</u> of \$350	Not covered	<u>In-Network</u> Specialty Pharmacy: Covers a 30-day supply.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	20% coinsurance	None	
Surgery	Physician/surgeon fees	20% <u>coinsurance</u>	20% coinsurance	None	
If you need immediate	Emergency room care	\$100 <u>deductible</u>	\$100 <u>deductible</u>	Waived if admitted within 24 hours of the visit. Not applicable for injuries.	
medical attention	Emergency medical transportation	20% coinsurance	20% coinsurance	None	
	<u>Urgent care</u>	\$35 <u>copay</u> /visit	\$35 <u>copay</u> /visit	None	
lf you have a hospital stay	Facility fee (e.g., hospital room)	20% <u>coinsurance</u>	Not covered	Limited to hospital's semi-private room rate (or private room rate when medically necessary)	
	Physician/surgeon fees	20% coinsurance	Not covered	None	

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Common	Services You May Need	What You Will Pay		Limitations, Exceptions*, & Other Important Information ¹
Medical Event		Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	
If you need mental health, behavioral health, or substance	Outpatient services	\$35 <u>copay</u> /office visit; 20% <u>coinsurance</u> for outpatient services	\$35 <u>copay</u> /office visit; 20% <u>coinsurance</u> for outpatient services	None
abuse services	Inpatient services	20% coinsurance	Not covered	None
	Office visits	20% coinsurance	20% coinsurance	
If you are pregnant	Childbirth/delivery professional services	20% coinsurance	Not covered	None
	Childbirth/delivery facility services	20% coinsurance	Not covered	
If you need help recovering or have other special health	Home health care	\$35 <u>copay</u> /visit	\$35 <u>copay</u> /visit	None
	Rehabilitation services	20% <u>coinsurance</u>	20% <u>coinsurance</u>	Physical and occupational therapy limited to combined maximum of 15 visits/disability (plus 11 additional visits if prior authorized). Speech therapy limited to 15 visits/disability. For disabilities caused by stroke: 25 visits/disability combined for physical and occupational therapy and 25 visits/disability for speech therapy.
needs	Habilitation services	Not covered	Not covered	Not covered
	Skilled nursing care	20% coinsurance	20% coinsurance	Limited to 30 days following one period of hospital confinement.
	Durable medical equipment	20% coinsurance	20% coinsurance	Purchase vs. rental if more economical; replacements covered only under certain conditions.
	Hospice services	20% <u>coinsurance</u>	20% <u>coinsurance</u>	None

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Common		What You Will Pay		Limitations, Exceptions*,	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	& Other Important Information1	
lf your child needs dental or eye care	Children's eye exam	Not covered	Not covered	Not covered	
	Children's glasses	Not covered	Not covered	Not covered	
	Children's dental check-up	Not covered	Not covered	Not covered	

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 Excluded Services & Other Covered Services: Services Your <u>Plan</u> Generally Does NOT Cover (Ch Acupuncture Cosmetic surgery, except for repair of damage due to injury within one year after the date of the accident Dental care 	 eck your policy or <u>plan</u> document for more info Habilitation services Hearing aids Long-term care Private-duty nursing 	 Formation and a list of any other <u>excluded services</u>.) Routine eye care Routine foot care Weight loss programs
 Other Covered Services (Limitations may apply to a Bariatric surgery, when medically necessary and prior authorized 	-	 e see your plan document.) Infertility treatment, up to \$200/year Non-emergency care when traveling outside the U.S.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for the Department of Labor's Employee Benefits Security Administration is 1-866-444-EBSA (3272) or https://www.dol.gov/agencies/ebsa. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.dol.gov/agencies/ebsa. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.dol.gov/agencies/ebsa. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.dol.gov/agencies/ebsa.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact the Plan Administrator at 1-800-570-1012, or the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>https://www.dol.gov/agencies/ebsa</u>.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have <u>Minimum Essential Coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

-To see examples of how this plan might cover costs for a sample medical situation, see the next section.—



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copays</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Ba	by
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(9 months of in-network pre-natal care and a hospital delivery)

The plan's overall <u>deductible</u>	\$500
Specialist copay	\$0
Hospital (facility) <u>coinsurance</u>	20%
Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (*ultrasounds and blood work*) Specialist visit (*anesthesia*)

In this example, Peg would pay:

Cost Sharing				
Deductibles	\$500			
Copays	\$40			
Coinsurance	\$1,900			
What isn't covered				
Limits or exclusions	\$60			
The total Peg would pay is	\$2,500			

Managing Joe's type 2 Diabetes (a year of routine in-network care of a wellcontrolled condition)

The plan's overall <u>deductible</u>	\$550
Specialist copay	\$210
Hospital (facility) coinsurance	20%
Other coinsurance	20%

This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)

Total Example Cost	\$7,400
n this example. Joe would pav:	

Cost Sharing	
Deductibles	\$550
Copays	\$570
Coinsurance	\$1,100
What isn't covered	
Limits or exclusions	\$80
The total Joe would pay is	\$2,300

Mia's Simple Fracture (in-network emergency room visit and follow up care)

The plan's overall <u>deductible</u>	\$500
Specialist copay	\$70
Hospital (facility) <u>coinsurance</u>	20%
Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like:

Emergency room care *(including medical supplies)* Diagnostic test *(x-ray)* Durable medical equipment *(crutches)* Rehabilitation services *(physical therapy)*

Total Example Cost	\$1,900
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In this example, Mia would pay:

Cost Sharing		
Deductibles	\$500	
Copays	\$70	
Coinsurance	\$245	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$815	